Positioning Checklist for the Rifton Pacer

NOTE: Describe all positioning as if you are standing behind the individual

Use this Positioning Checklist as a convenient way to ensure optimal use of the Pacer. Write notes to customize your instructions for each individual.

INDIVIDUAL'S NAME _____

STAFF NAME _____

DATE _____

THIS POSITIONING CHECKLIST IS INTENDED FOR CONSISTENT USE OF ADAPTIVE EQUIPMENT FOLLOWING ASSESSMENT BY A HEALTH PROFESSIONAL. THE CHECKLIST DOES NOT REPLACE AN INITIAL CLINICAL EVALUATION FOR CORRECT SIZING, COMPONENT SELECTION, AND APPROPRIATE THERAPEUTIC POSITIONING FOR THE INDIVIDUAL. SOME COMPONENT SIZING IS DEPENDENT ON THE BASE MODEL SIZE.

Size

- ☐ **mini**
- ☐ **small**
- ☐ **medium**
- ☐ **large**
- ☐ **XL**

Frame Components

- ☐ **Standard upper frame**
- ☐ **Dynamic upper frame**
- ☐ **Standard base**
  - ☐ Forward facing
  - ☐ Posterior position
- ☐ **Utility base**
- ☐ **Treadmill/stability base**

Frame Height

For the appropriate frame height, specify the number on the frame column index:

_____

☐ Chest Prompt

Size ☐ small ☐ medium ☐ large

Clamp position (post holder)

Right side of Pacer frame ☐ inside frame ☐ outside frame

Left side of Pacer frame ☐ inside frame ☐ outside frame

Height adjustment

Specify number of notches visible above clamp _____

Width adjustment

Distance between upright post and chest prompt _____

Fit of chest prompt

☐ snug to trunk ☐ loose to trunk

Is the chest prompt flipped? (Use the imprinted size indication on the black plastic prompt holder as a guide. If it is upside down, the chest prompt is flipped.)

☐ yes ☐ no

Orientation of chest prompt

☐ vertical ☐ tilted forward ☐ tilted backward

OR

☐ Chest Pad

Size (must correspond to Pacer size) ☐ small ☐ medium ☐ large

Clamp position

Distance of clamp from front end of top bar _____

Height adjustment

Measure height from top of the chest pad to top of the frame side bars _____

Fit of chest pad

☐ snug to trunk ☐ loose to trunk ☐ back pad strap removed

Orientation of chest pad (imprinted lettering on the foam pad should be right way up.)

☐ vertical ☐ tilted forward ☐ tilted backward

☐ Handlebars

handlebars

Size ☐ small ☐ large

☐ Left

Orientation of handlebar ☐ vertical ☐ tilted forward ☐ tilted backward

Clamp position

Distance of clamp from front end of top bar _____

☐ Right

Orientation of handlebar ☐ vertical ☐ tilted forward ☐ tilted backward

Clamp position

Distance of clamp from front end of top bar _____

OR

☐ Handholds

handholds

☐ Left

Orientation ☐ pointing forward ☐ pointing backward ☐ pointing inward

Clamp position (handhold holder)

☐ inside frame ☐ outside frame
Distance of clamp from front end of top bar: _____

Handhold height Specify number of notches visible above clamp: _____

☐ Right

Orientation ☐ pointing forward ☐ pointing backward ☐ pointing inward

Clamp position (handhold holder)

☐ inside frame ☐ outside frame
Distance of clamp from front end of top bar: _____

Handhold height Specify number of notches visible above clamp: _____

OR

☐ Hand Loops

hand loops

☐ Left

Orientation of hand loop ☐ vertical ☐ tilted forward ☐ tilted backward

Clamp position (hand loop holder)

☐ inside frame ☐ outside frame
Distance of clamp from front end of top bar: _____

Hand loop height Specify number of notches visible above clamp: _____

☐ Right

Orientation of hand loop ☐ vertical ☐ tilted forward ☐ tilted backward

Clamp position (hand loop holder)

☐ inside frame ☐ outside frame
Distance of clamp from front end of top bar: _____

Hand loop height Specify number of notches visible above clamp: _____

OR

☐ Arm Prompts

Size ☐ small ☐ large

arm prompts

☐ Left

Clamp position (L-bar holder)

☐ inside frame ☐ outside frame
Distance of clamp from front end of top bar: _____

L-bar post position

☐ points forward ☐ points backward ☐ points right ☐ points left

L-bar height Specify number of notches visible above clamp: _____

Orientation of arm prompt ☐ horizontal ☐ angled up ☐ angled down

Rotation position (specify as o'clock) _____

Hook and loop strap

☐ across forearm ☐ behind elbow ☐ no strap

☐ Right

Clamp position (L-bar holder)

☐ inside frame ☐ outside frame
Distance of clamp from front end of top bar: _____

L-bar post position

☐ points forward ☐ points backward ☐ points right ☐ points left

L-bar height Specify number of notches visible above clamp: _____

Orientation of arm prompt ☐ horizontal ☐ angled up ☐ angled down

Rotation position (specify as o'clock) _____

Hook and loop strap

☐ across forearm ☐ behind elbow ☐ no strap

OR

☐ Arm Platforms

☐ with handgrips ☐ without handgrips

arm platforms

☐ Left

Clamp position (L-bar holder)

☐ inside frame ☐ outside frame
Distance of clamp from front end of top bar: _____

L-bar post position

☐ points forward ☐ points backward ☐ points right ☐ points left

L-bar height Specify number of notches visible above clamp: _____

Orientation of arm platform ☐ horizontal ☐ angled up ☐ angled down

Rotation position (specify as o'clock)_____

Hook and loop straps

☐ both straps ☐ at forearm only ☐ at wrist only ☐ no straps

☐ Right

Clamp position (L-bar holder)

☐ inside frame ☐ outside frame
Distance of clamp from front end of top bar: _____

L-bar post position

☐ points forward ☐ points backward ☐ points right ☐ points left

L-bar height Specify number of notches visible above clamp: _____

Orientation of arm platform ☐ horizontal ☐ angled up ☐ angled down

Rotation position (specify as o'clock)_____

Hook and loop straps

☐ both straps ☐ at forearm only ☐ at wrist only ☐ no straps

☐ Pelvic Support

pelvic support

Size ☐ small ☐ medium ☐ large

Front strap attachment

☐ front bar ☐ side bar ☐ chest prompt post

Length of front straps: _____

Clamp position (for back strap attachment)

☐ inside frame ☐ outside frame

Distance from rear end of top bar: _____

Handhold height (for back strap attachment)

Specify number of notches visible above clamp: _____

Handhold position (for back strap attachment)

☐ points forward ☐ points backward

Length of back straps: _____

OR

☐ Hip Positioner

hip positioner

Size ☐ small ☐ large

Hip positioner pad? ☐ yes ☐ no

Front strap attachment

☐ front bar ☐ side bar ☐ chest prompt post

Length of front straps: _____

Clamp position (for back strap attachment)

☐ inside frame ☐ outside frame

Distance from rear end of top bar: _____

Handhold height (for back strap attachment)

Specify number of notches visible above clamp: _____

Handhold position (for back strap attachment)

☐ points forward ☐ points backward

Length of back straps: _____

OR

☐ Multi-Position Saddle

multi-position saddle

Saddle height

For the appropriate MPS height, specify the number on the MPS column index: _____

Saddle depth

☐ fully forward ☐ position 2 ☐ position 3 ☐ position 4
☐ position 5 ☐ position 6 ☐ position 7 ☐ fully back

Saddle angle

☐ 15° anterior tilt ☐ 7.5° anterior tilt ☐ horizontal
☐ 15° posterior tilt ☐ 7.5° posterior tilt

Hip corral depth

Measure length of horizontal black bar visible in front of seat: _____

Hip corral height

Specify number of notches on the upright that are visible below the corral: _____

☐ Thigh Prompts

Size ☐ small ☐ large

Use on:

☐ right thigh ☐ left thigh ☐ both

Clamp position

Right leg/side of Pacer frame

☐ inside frame ☐ outside frame

Left leg/side of Pacer frame

☐ inside frame ☐ outside frame

☐ Ankle Prompts

Use on:

☐ right ankle ☐ left ankle ☐ both

Ankle prompt placement:

Right side of Pacer frame

Distance of front spring from front caster _____

Distance of back spring from back caster _____

Length of strap from frame _____

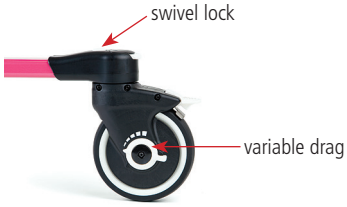
Left side of Pacer frame

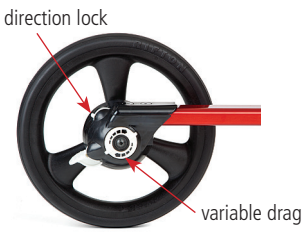
Distance of front spring from front caster _____

Distance of back spring from back caster _____

Length of strap from frame _____

☐ Casters





Odometer in use:

☐ yes ☐ no

Standard base front caster settings:

☐ no setting needed

☐ swivel lock

☐ set direction lock (Push white lever in center down toward the one-way arrow. When used with swivel lock, it will prevent backward movement.)

☐ set drag (Move white dial toward the larger white markings to increase drag resistance.) Specify dial setting: 0 = no resistance and 5 = highest resistance: _____

Standard base rear caster settings: (see explanations above)

☐ no setting needed ☐ swivel lock ☐ set direction lock ☐ set drag

Dial setting: _____

Utility base front caster settings:

☐ no setting needed

☐ swivel lock

Utility base back wheel settings:

☐ no setting needed

☐ set direction lock (Push white lever on top of rear wheel down toward the one-way arrow. This will prevent backward movement.)

☐ set drag (Move white dial in direction of black arrow to increase drag resistance.) Specify location as o'clock: _____